



Clarity4D

Ann Other (G3M) Youth Profile

Discover - Discuss - Diversify - Develop



Why Clarity 4D?

Life is a journey and if we can work out where we are starting from and where we want to go, it may be helpful when making decisions about the right direction.

The Clarity4D profile is intended to give you a snap shot of you at "base camp". The colour energies, which are outlined overleaf offer an easy way of understanding how we show up to other people, and how we can adapt our behaviour to meet the needs of different situations and people we meet in life.

Why "4D"? The 4D is about the 4 dimensions of our development:



1st Dimension: Discover how you see yourself

By answering the questionnaire you have provided a current picture of how you see yourself

**1**

2nd Dimension: Discuss how others see you

Other people may see you differently – share your profile with them and talk.

**2**

3rd Dimension: Digest the feedback

Having thought about how you see yourself and what others see in you, you can think about getting to know yourself even better by unlocking your potential.

**3**

4th Dimension: Direction/Development (giving myself choice)

Development doesn't happen overnight. It takes time and commitment to decide the right direction and then to stick to the direction you have chosen.

**4**

2 Discover - Discuss - Diversify - Develop (Youth Profile)

Understanding The Background

This Clarity4D profile is compiled from a set of statements that is unique to **Ann Other**.

The idea of personality profiling is not new; it has been around since the Ancient Greeks.

The Link from the Ancient Greeks

Using the idea from the Ancient Greeks of the four elements, Water, Earth, Fire and Air, and the energy that is created by those four elements, the Clarity4D model has been linked to the four psychological types identified by Carl Jung, and our preferred way of behaving. The concept of colour has also been added to help the reader recognise and remember the different types of personality.

INTROVERTED PREFERENCES are represented by Water and Earth – energies that are hidden beneath the surface i.e. sea or soil

EXTRAVERTED PREFERENCES are represented by Fire and Air – energies that are above the surface



(WATER) BLUE
energy is shown by people who are introspective and reserved. They like to observe others and think before taking action. They are happy in their own company, and can give an independent, detached analysis, which can sometimes give the impression of aloofness.

(EARTH) GREEN
energy is observed in people who are warm and friendly in an understated way. They value close relationships and will be loyal and supportive of their family and friends. They like to create a harmonious atmosphere and prefer consensus to confrontation, which can sometimes make them appear indecisive and laid-back.

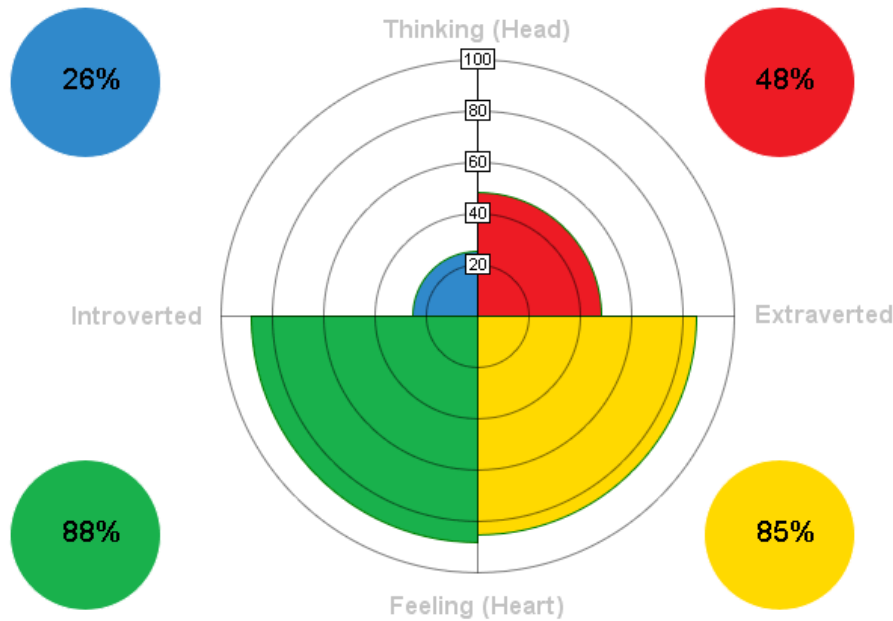
(FIRE) RED energy is demonstrated by people who are highly energetic and action-orientated. They are positive, straight-talking and assertive. They tend to be goal-focussed and enjoy the challenge of achieving quick results. They are pragmatic thinkers who have an objective approach which can sometimes overlook the needs of other people.

(AIR) YELLOW
energy is displayed by people who are out-going, sociable and fun-loving. They particularly enjoy the company of other like-minded people and frequently stand out in a crowd, often enjoying being the centre of attention. They are persuasive, charming and can sometimes overwhelm people with their enthusiastic energy.

As individuals we are a mixture of these four elements, but we have a preference for using some of the energies over others, and the Clarity4D profile will identify which these preferences are, and how we can adapt and use the energies to meet the needs of different people and situations in our personal and professional lives. The profile describes someone like you, it doesn't define you. At the end of the profile is an action plan designed for Ann to complete and work on a future personal development plan.

How Do You Show Up?


Conscious-self 'Radial' Graph (G3M)



THINKING

INTROVERTED

Thinker
Logical
Detached
Precise



THINKING

EXTRAVERTED


Focused
Action-packed
Straight-talking
Assertive



SENSING **INTUITION** **SENSING**

INTROVERTED

Considerate
Patient
Relaxed
Supportive




FEELING

INTUITION **SENSING** **INTUITION**

EXTRAVERTED

Involved
Fun-loving
Enthusiastic
Talkative



FEELING

4 Discover - Discuss - Diversify - Develop (Youth Profile)



1D: DISCOVER - self awareness

These pages give an overview of Ann's personal style and some insight into how she works with people and tasks.

1D: Discover how you see yourself

What's Ann like?

She has a sixth sense and can see the deeper meanings of things. She has strong personal beliefs, so when questioned she is prepared to fight for what is right, challenging other opinions or even authority. She feels very strongly about certain things and will show it, but she may find it hard to talk to other people about it. Although Ann can be perceived as easy going, she can be rather obstinate on occasions. Ann wants to explore future possibilities beyond current thinking and experiences. Ann is understanding, sympathetic and likeable.

She is a natural teacher. Intellectual work does not interest her and she prefers to be doing something practical rather than studying. Her quiet manner can stop her from putting herself forward and can result in her being overlooked. She likes her contribution to be recognised in a quiet way. Her principles and values are really important to her and others may not understand how important.

When she makes an error, it can cause her to feel upset and worried for a long time. When something she strongly believes in is under threat of change, she can become very stubborn. Ann is on the ball and often seems right about things. She seems to have a sixth sense and can spot potential dangers long before others. She likes to enjoy what's happening now, without feeling pushed into trying something new. She works best with tasks that involve people and likes to create a friendly and supportive environment.

She is an amusing and easy going friend. Ann likes people who take time to understand and appreciate her. She likes to feel that what she does makes a difference to things she cares about and when that happens she can be a perfectionist. It would help Ann to take a step back and look at herself and what she is doing objectively.

Ann is happiest in a chilled-out, relaxed environment. She can relate to other people's mistakes and will spend a lot of time trying to make them feel better by making light of it. She demonstrates warm friendship, understanding, individuality and good organisational skills. She has good people-skills which help her build meaningful relationships and understand what's going on under the surface.



Continued

How does Ann get on with other people?

She will go the extra mile to build relationships and avoid confrontation. She has a warm heart, but it may not be obvious unless you know her well. Human values are important to her and she can become passionate when she thinks things are unfair. She may appear to be agreeing with a decision, but internally she may be thinking through other options. As she puts so much effort into improving relationships, she finds it difficult to appreciate that not everyone wants her efforts.

Ann is thought of as a quiet, considerate person who keeps herself to herself. She's not that bothered about getting her point of view across, unless she is defending something she feels strongly about. Ann is highly empathetic and works best when things are going well and there is no bad feeling in the group. She may feel that other people cannot do without her and so may put their needs before her own. She prefers to show how she feels with action rather than talk about it.

Very friendly and relaxed, she is excellent in an environment where her persuasive skills can be used. She offers her time, help and advice to others without expecting anything back.

The best sort of environment or work for Ann is...

Her ideal job could be a role that gives her the chance to develop new and creative ideas. She likes to have a job description that is clear and measurable. She prefers to be with other people. She likes to work in a team where her hard work is recognised and supported by her colleagues. The role that would suit her would involve informal and relaxed meetings.

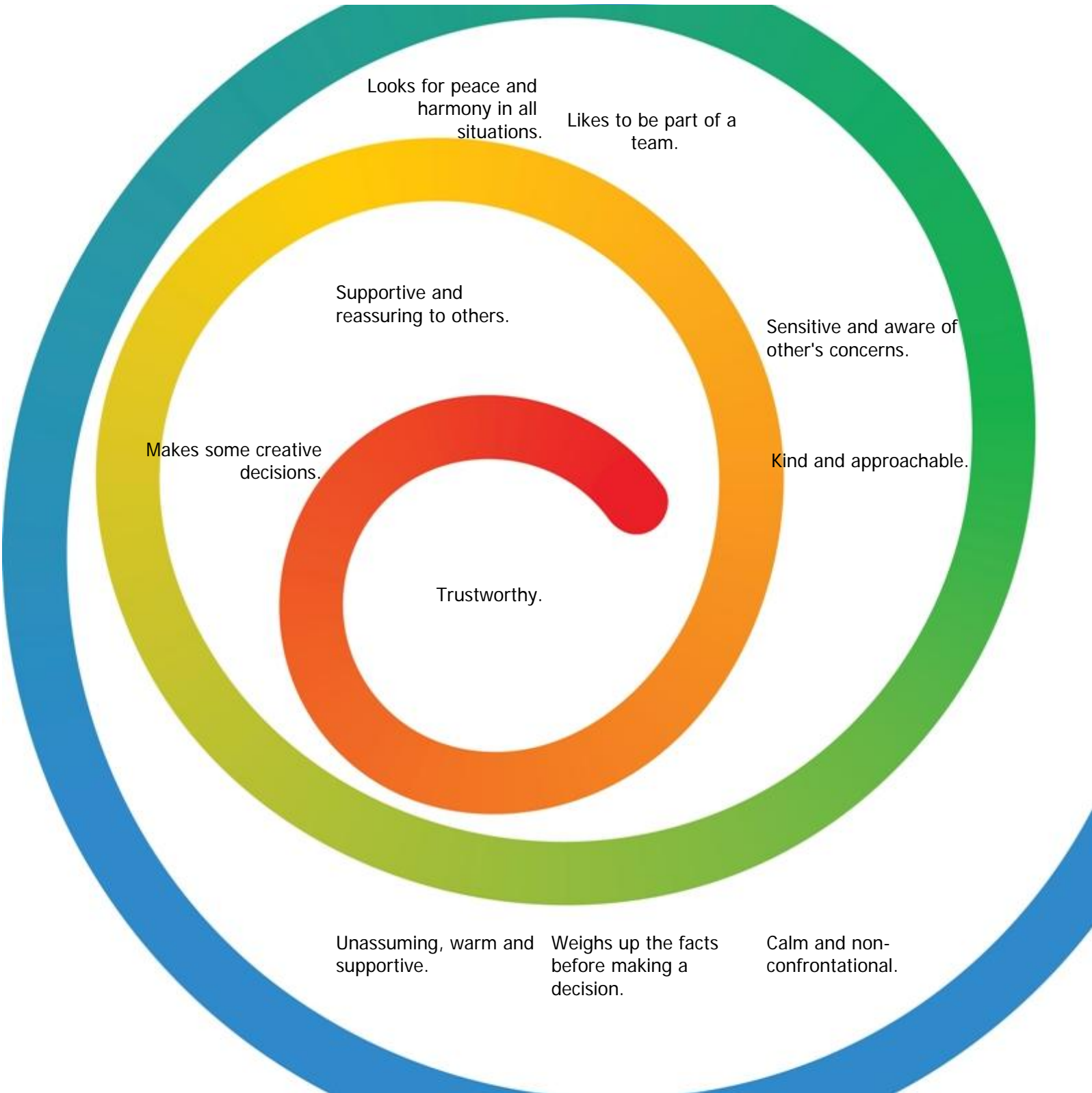
Her ideal environment is where the team are working as one. A role that would suit her personality would be one where there is time to plan for the future. She probably works best in an organisation with a flat and open management style. Ann prefers to work in an organisation that has a relaxed approach to time-keeping and appearance. A good organisation for her to work in is one that gives her regular feedback and encouragement.

Ann's ideal job is one where there is plenty of opportunity for social and fun activities. She's not too keen on a competitive atmosphere. She does not like too much competition in a team as she feels this can damage good working relationships. Her natural social skills suit working in a job where she can mix business with pleasure.



Strongest Areas

In no particular order, these are what Ann considers to be her major strengths and intrinsic talents



7 **Discover** - Discuss - Diversify - Develop (Youth Profile)



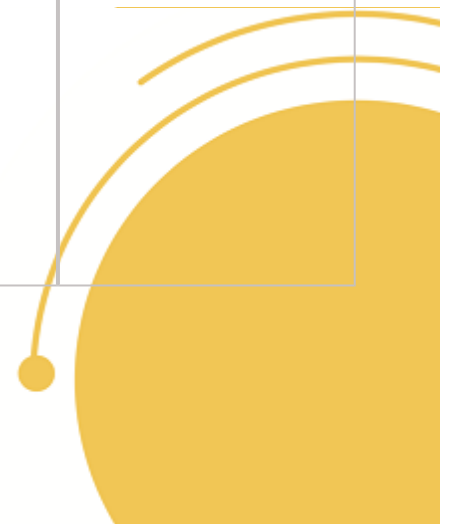
2D: DISCUSS other's perception of Ann

Ann should invite some key people to read the profile and note their feedback

Name	2 statements you agree with	2 statements to say "I'm curious to know about...."	Other feedback points not included in profile	One Thing to Think About (O-T-T-T-A)
Person 1				
Person 2				
Person 3				

What is your One Thing To Think About (OTTTA)?

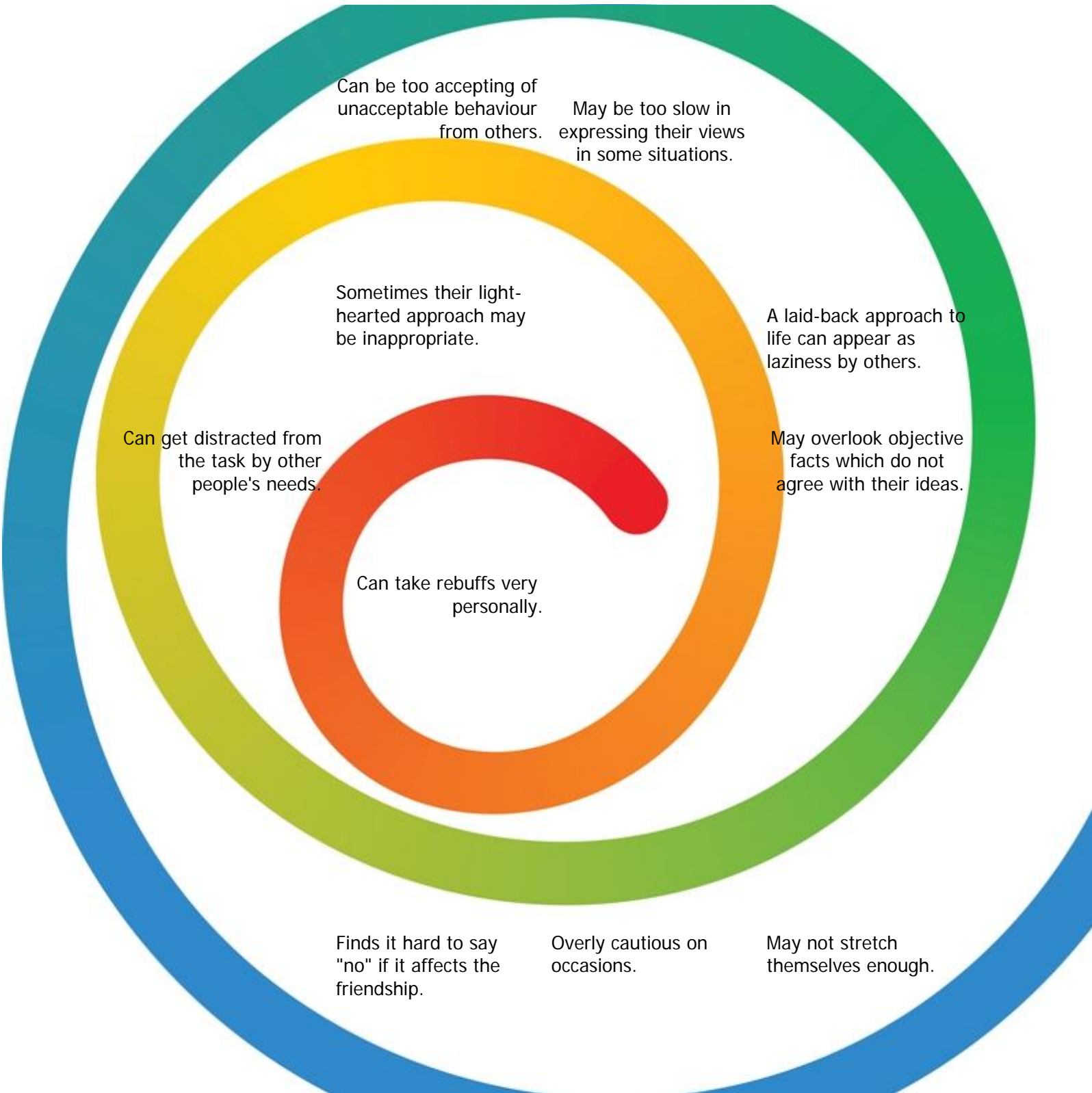
8 Discover - **Discuss** - Diversify - Develop (Youth Profile)





3D: DIVERSIFY your hidden potential

Ann may consider these as areas for growth



3D: DIVERSIFY - expanding your thoughts

This page helps you to review your thoughts to enable you to self-coach: consider the OTTTA's that others may have given you and the development opportunities from within the profile.

What do you want to achieve?	
Why is that?	
What will it mean to you when you achieve it?	
What is happening at the moment?	
Why do you think this is true?	
Do you have data or is it your opinion?	
What is the one thing you could do right now?	
What other options are there?	
What might a wise person say to you?	
What is stopping you from taking action?	

4D: DEVELOP your full potential over time

As a result of reading your Clarity4D Profile what action steps will you take?

Describe the person you aspire to be:

To achieve this, what will you stop doing?

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By When:

What will you start doing?

By When:

What else do you need to consider?

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By When:

By When:

This report represents how you completed the questionnaire, and the questions you might like to consider now are:

- a) Who else do I interact with who may benefit from completing a Clarity4D questionnaire?
- b) What other areas would I like to develop?

There are further chapters of Clarity4D profiles available on:

- a) Working in a Team
- b) 2D Profiles on how others perceive you

For more information on the above visit our website www.clarity4d.com.